

# Support with your blood-thinning injection at home

Guidance to help you stay safe and confident with your treatment.

## How to inject the medication safely

For instructions on how to inject the medication safely, please scan the QR code or visit:

[www.techdow-pharma.co.uk/videoplay.html](http://www.techdow-pharma.co.uk/videoplay.html)



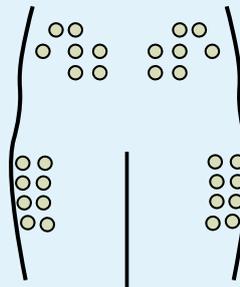
The Inhixa injection:



## Injection sites

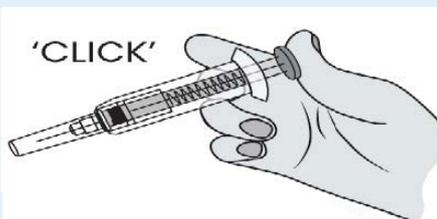
The diagram shows examples of safe injection sites.

It is safe to administer the injection in the thigh though it is not covered within the video.



## Disposal after use

**Remove the needle from the skin BEFORE activating the needle guard!**



## Want to learn more about blood clots?

Download the free 'Let's Talk Clots' app, developed in collaboration between Thrombosis UK and OUH NHS Foundation Trust.



## Need more support?

Please speak to a member of your healthcare team.